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01:00:00,519 --> 01:00:03,400

**<b>Do you want to make your sports club truly welcoming?</b>**

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01:00:04,000 --> 01:00:06,639

**<b>Inclusion isn't always about making big changes.</b>**

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01:00:07,039 --> 01:00:08,920

**<b>It's about everyday practices.</b>**

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01:00:09,440 --> 01:00:12,000

**<b>Here are 10 practical tips to get started.</b>**

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01:00:13,840 --> 01:00:16,320

**<b>First, get the fundamentals in place.</b>**

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01:00:16,719 --> 01:00:19,880

**<b>A code of conduct, an inclusion policy, and a clear</b>**

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01:00:19,880 --> 01:00:22,320

**<b>conflict resolution process that encourages</b>**

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01:00:22,360 --> 01:00:23,800

**<b>understanding over blame.</b>**

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01:00:24,920 --> 01:00:27,719

**<b>These create the foundation for everything else.</b>**

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01:00:28,480 --> 01:00:31,000

**<b>Second, check your physical space.</b>**

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01:00:31,519 --> 01:00:35,440

**<b>Clear paths, accessible equipment, uncluttered accessible</b>**

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01:00:35,440 --> 01:00:38,079

**<b>toilets, and a quiet zone for breaks.</b>**

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01:00:38,800 --> 01:00:40,559

**<b>You might not have the perfect setup,</b>**

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01:00:40,719 --> 01:00:42,760

**<b>but you can always make improvements.</b>**

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01:00:43,000 --> 01:00:45,559

**<b>And remember, you can seek additional support from your</b>**

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01:00:45,559 --> 01:00:48,440

<b>local government or state sporting association.</b>

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01:00:49,079 --> 01:00:52,559

<b>Third, provide clear and detailed information online.</b>

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01:00:52,920 --> 01:00:55,800

<b>Where, when, what, how, and who.</b>

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01:00:56,280 --> 01:00:57,679

<b>Explain key terms.</b>

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01:00:58,159 --> 01:01:00,039

<b>Being clear is being kind.</b>

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01:01:00,360 --> 01:01:02,480

<b>It helps people to know if your club is</b>

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01:01:02,480 --> 01:01:04,880

<b>the right fit and arrive feeling prepared.</b>

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01:01:07,039 --> 01:01:09,199

<b>Fourth, how do you welcome people?</b>

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01:01:09,960 --> 01:01:12,039

<b>Take time to chat with new members.</b>

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01:01:12,320 --> 01:01:13,239

<b>Learn their goals.</b>

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01:01:13,400 --> 01:01:14,800

<b>Introduce them to a buddy.</b>

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01:01:15,360 --> 01:01:16,599

<b>First impressions matter,</b>

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01:01:16,880 --> 01:01:18,840

<b>especially for people with disability.</b>

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01:01:20,159 --> 01:01:22,960

<b>Fifth, equip your coaches and volunteers.</b>

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01:01:23,280 --> 01:01:24,559

<b>Invest in training.</b>

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01:01:24,760 --> 01:01:26,960

<b>Encourage them to ask questions.</b>

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01:01:27,199 --> 01:01:28,119

<b>Learn from each other.</b>

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01:01:28,280 --> 01:01:30,599

<b>Stay curious and create an environment</b>

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01:01:30,599 --> 01:01:33,199

<b>where everyone can thrive at their own pace.</b>

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01:01:33,400 --> 01:01:36,280

<b>Sixth, welcome feedback actively.</b>

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01:01:36,679 --> 01:01:38,360

<b>Make it easy and accessible.</b>

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01:01:38,679 --> 01:01:41,639

<b>Most importantly, take action on what you hear.</b>

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01:01:42,000 --> 01:01:45,559

<b>That's how you create a safe, responsive environment.</b>

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01:01:46,880 --> 01:01:50,280

<b>Seventh, connect people across all your programs.</b>

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01:01:50,679 --> 01:01:53,559

**<b>Don't let anyone feel left out or separated.</b>**

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01:01:53,960 --> 01:01:57,280

**<b>Create opportunities for everyone to socialise, mingle, and</b>**

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01:01:57,280 --> 01:02:00,079

**<b>belong to the whole club, not just one program.</b>**

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01:02:01,719 --> 01:02:05,199

**<b>Eight, attract diverse members by being proactive.</b>**

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01:02:05,559 --> 01:02:07,320

**<b>Connect with the broader community.</b>**

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01:02:07,599 --> 01:02:09,159

**<b>Don't wait for people to find you.</b>**

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01:02:09,519 --> 01:02:11,920

**<b>Reach out and build partnerships.</b>**

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01:02:13,559 --> 01:02:17,639

<b>Ninth, offer financial and participation flexibility.</b>

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01:02:18,159 --> 01:02:19,800

<b>Not everyone can commit to a full</b>

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01:02:19,800 --> 01:02:22,039

<b>season or afford full membership.</b>

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01:02:22,400 --> 01:02:23,760

<b>Provide options.</b>

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01:02:24,039 --> 01:02:24,920

<b>Training only.</b>

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01:02:25,159 --> 01:02:26,119

<b>Casual play.</b>

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01:02:26,199 --> 01:02:27,920

<b>Term commitment instead of year.</b>

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01:02:28,400 --> 01:02:30,079

<b>Reduced fee if you volunteer.</b>

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01:02:30,760 --> 01:02:32,480

<b>Make involvement possible.</b>

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01:02:33,679 --> 01:02:35,800

<b>And tenth, the most important one.</b>

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01:02:36,239 --> 01:02:39,320

<b>Display your values every single day.</b>

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01:02:39,920 --> 01:02:42,039

<b>You can tick every box on paper,</b>

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01:02:42,280 --> 01:02:44,559

<b>but inclusion is everyone's business.</b>

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01:02:45,039 --> 01:02:46,480

<b>It's the daily practices.</b>

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01:02:46,599 --> 01:02:47,480

<b>How you speak.</b>

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01:02:47,599 --> 01:02:48,559

<b>Who you include.</b>

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01:02:48,800 --> 01:02:49,800

<b>How you respond.</b>

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01:02:50,119 --> 01:02:52,519

<b>That create a truly welcoming club.</b>

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01:02:53,000 --> 01:02:56,440

<b>That's how you retain members and attract new ones.</b>

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01:02:57,719 --> 01:03:01,039

<b>Ten tips, but really it comes down to this.</b>

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01:03:01,519 --> 01:03:04,119

<b>Stay curious, create community, and</b>

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01:03:04,119 --> 01:03:06,679

<b>make inclusion everyone's responsibility.</b>